



| Patient Information   | Specimen Information  | Client Information   |
|---|---|--|
| <b>DOB:</b><br><b>AGE:</b><br><b>Gender:</b><br><b>Fasting:</b><br><b>Phone:</b><br><b>Patient ID:</b><br><b>Health ID:</b> | <b>Specimen:</b><br><b>Requisition:</b><br><b>Lab Ref #:</b><br><br><b>Collected:</b><br><b>Received:</b><br><b>Reported:</b> | <b>REQUEST A TEST - PWN HEALTH</b><br><b>7027 MILL RD STE 201</b><br><b>BRECKSVILLE, OH 44141-1852</b> |

**COMMENTS:**      **FASTING: YES**

| Test Name   | In Range | Out Of Range | Reference Range                     | Lab |
|---|----------|--------------|-------------------------------------|-----|
| LIPID PANEL, STANDARD   |          |              |                                     |     |
| CHOLESTEROL, TOTAL  | 162      |              | <200 mg/dL                          |     |
| HDL CHOLESTEROL   | 78       |              | > OR = 50 mg/dL                     |     |
| TRIGLYCERIDES   | 50       |              | <150 mg/dL                          |     |
| LDL-CHOLESTEROL   | 72       |              | mg/dL (calc)                        |     |
| Reference range: <100   |          |              |                                     |     |
| Desirable range <100 mg/dL for primary prevention;<br><70 mg/dL for patients with CHD or diabetic patients<br>with > or = 2 CHD risk factors.   |          |              |                                     |     |
| LDL-C is now calculated using the Martin-Hopkins<br>calculation, which is a validated novel method providing<br>better accuracy than the Friedewald equation in the<br>estimation of LDL-C.<br>Martin SS et al. JAMA. 2013;310(19): 2061-2068<br>( <a href="http://education.QuestDiagnostics.com/faq/FAQ164">http://education.QuestDiagnostics.com/faq/FAQ164</a> )              |          |              |                                     |     |
| CHOL/HDL-C RATIO  | 2.1      |              | <5.0 (calc)                         |     |
| NON HDL CHOLESTEROL   | 84       |              | <130 mg/dL (calc)                   |     |
| For patients with diabetes plus 1 major ASCVD risk<br>factor, treating to a non-HDL-C goal of <100 mg/dL<br>(LDL-C of <70 mg/dL) is considered a therapeutic<br>option.   |          |              |                                     |     |
| HOMOCYSTEINE  | 6.5      |              | <10.4 umol/L                        |     |
| Homocysteine is increased by functional deficiency of<br>folate or vitamin B12. Testing for methylmalonic acid<br>differentiates between these deficiencies. Other causes<br>of increased homocysteine include renal failure, folate<br>antagonists such as methotrexate and phenytoin, and<br>exposure to nitrous oxide.<br>Selhub J, et al., Ann Intern Med. 1999;131(5):331-9. |          |              |                                     |     |
| COMPREHENSIVE METABOLIC<br>PANEL  |          |              |                                     |     |
| GLUCOSE   | 93       |              | 65-99 mg/dL                         |     |
| Fasting reference interval  |          |              |                                     |     |
| UREA NITROGEN (BUN)   | 10       |              | 7-25 mg/dL                          |     |
| CREATININE  | 0.96     |              | 0.50-1.03 mg/dL                     |     |
| EGFR  | 72       |              | > OR = 60 mL/min/1.73m <sup>2</sup> |     |
| The eGFR is based on the CKD-EPI 2021 equation. To calculate<br>the new eGFR from a previous Creatinine or Cystatin C<br>result, go to <a href="https://www.kidney.org/professionals/kdoqi/gfr%5Fcalculator">https://www.kidney.org/professionals/kdoqi/gfr%5Fcalculator</a>  |          |              |                                     |     |
| BUN/CREATININE RATIO  |          |              | 622 (calc)                          |     |
| SODIUM  | 138      |              | 135-146 mmol/L                      |     |
| POTASSIUM   | 4.6      |              | 3.5-5.3 mmol/L                      |     |
| CHLORIDE  | 103      |              | 98-110 mmol/L                       |     |
| CARBON DIOXIDE  | 30       |              | 20-32 mmol/L                        |     |
| CALCIUM   | 10.0     |              | 8.6-10.4 mg/dL                      |     |
| PROTEIN, TOTAL  | 7.1      |              | 6.1-8.1 g/dL                        |     |
| ALBUMIN   | 4.9      |              | 3.6-5.1 g/dL                        |     |

**CLIENT SERVICES:**
**SPECIMEN:**



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| Gender:             | Fasting:    | Collected:           |                    |
| Patient ID:         |             | Received:            |                    |
| Health ID:          |             | Reported:            |                    |

| Test Name              | In Range | Out Of Range | Reference Range     | Lab |
|------------------------|----------|--------------|---------------------|-----|
| GLOBULIN               | 2.2      |              | 1.9-3.7 g/dL (calc) |     |
| ALBUMIN/GLOBULIN RATIO | 2.2      |              | 1.0-2.5 (calc)      |     |
| BILIRUBIN, TOTAL       | 0.7      |              | 0.2-1.2 mg/dL       |     |
| ALKALINE PHOSPHATASE   | 95       |              | 37-153 U/L          |     |
| AST                    | 29       |              | 10-35 U/L           |     |
| ALT                    | 29       |              | 6-29 U/L            |     |
| TSH                    | 2.71     |              | mIU/L               |     |

Reference Range

> or = 20 Years 0.40-4.50

Pregnancy Ranges

First trimester 0.26-2.66

Second trimester 0.55-2.73

Third trimester 0.43-2.91

IODINE, RANDOM URINE

60

34-523 mcg/L

This test was developed and its analytical performance characteristics have been determined by Quest Diagnostics Nichols Institute Chantilly, VA. It has not been cleared or approved by the U.S. Food and Drug Administration. This assay has been validated pursuant to the CLIA regulations and is used for clinical purposes.

CBC (INCLUDES DIFF/PLT)

|                        |      |                       |
|------------------------|------|-----------------------|
| WHITE BLOOD CELL COUNT | 4.0  | 3.8-10.8 Thousand/uL  |
| RED BLOOD CELL COUNT   | 4.81 | 3.80-5.10 Million/uL  |
| HEMOGLOBIN             | 14.9 | 11.7-15.5 g/dL        |
| HEMATOCRIT             | 44.5 | 35.0-45.0 %           |
| MCV                    | 92.5 | 80.0-100.0 fL         |
| MCH                    | 31.0 | 27.0-33.0 pg          |
| MCHC                   | 33.5 | 32.0-36.0 g/dL        |
| RDW                    | 12.3 | 11.0-15.0 %           |
| PLATELET COUNT         | 176  | 140-400 Thousand/uL   |
| MPV                    | 12.4 | 7.5-12.5 fL           |
| ABSOLUTE NEUTROPHILS   | 2572 | 1500-7800 cells/uL    |
| ABSOLUTE LYMPHOCYTES   | 1016 | 850-3900 cells/uL     |
| ABSOLUTE MONOCYTES     | 300  | 200-950 cells/uL      |
| ABSOLUTE EOSINOPHILS   | 60   | 15-500 cells/uL       |
| ABSOLUTE BASOPHILS     | 52   | 0-200 cells/uL        |
| NEUTROPHILS            | 64.3 | %                     |
| LYMPHOCYTES            | 25.4 | %                     |
| MONOCYTES              | 7.5  | %                     |
| EOSINOPHILS            | 1.5  | %                     |
| BASOPHILS              | 1.3  | %                     |
| IRON AND TOTAL IRON    |      |                       |
| BINDING CAPACITY       |      |                       |
| IRON, TOTAL            | 156  | 45-160 mcg/dL         |
| IRON BINDING CAPACITY  | 341  | 250-450 mcg/dL (calc) |
| % SATURATION           | 33.  | 16-45 % (calc)        |

#### CLIENT SERVICES

#### SPECIMEN:

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| Test Name                          | In Range | Out Of Range | Reference Range   | Lab |
|------------------------------------|----------|--------------|---|-----|
| FERRITIN                           | 227      |              | 16-232 ng/mL  |     |
| VITAMIN B12/FOLATE,<br>SERUM PANEL | 302.0    |              | 200-1100 pg/mL  |     |
| VITAMIN B12<br>FOLATE, SERUM       | >24.0    |              | Reference Range<br>Low: <3.4<br>Borderline: 3.4-5.4<br>Normal: >5.4 |     |
| METHYLMALONIC ACID                 | 140      |              | 87-318 nmol/L   |     |
| <b>See Endnote 1</b>               |          |              |   |     |

**Endnote 1**

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**Endocrinology**

| Test Name  | Result | Reference Range | Lab |
|--|--------|-----------------|-----|
| VITAMIN D,25-OH,TOTAL,IA   | 41     | 30-100 ng/mL    | CB  |
| Vitamin D Status      25-OH Vitamin D:<br>Deficiency:                      <20 ng/mL<br>Insufficiency:                    20 - 29 ng/mL<br>Optimal:                            > or = 30 ng/mL<br><br>For 25-OH Vitamin D testing on patients on D2-supplementation and patients for whom quantitation of D2 and D3 fractions is required, the QuestAssureD(TM) 25-OH VIT D, (D2,D3), LC/MS/MS is recommended: order code 92888 (patients >2yrs).<br><br>For additional information, please refer to <a href="http://education.QuestDiagnostics.com/faq/FAQ199">http://education.QuestDiagnostics.com/faq/FAQ199</a> (This link is being provided for informational/ educational purposes only.) |        |                 |     |
| Physician Comments:  |        |                 |     |

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